

Sprouting Word Search

A	L	F	A	L	F	A	L	F	T	T	A	E	M	U	P	N
D	D	Q	L	I	E	M	R	M	B	U	C	H	S	U	Q	D
Z	W	Z	Q	T	N	A	Q	H	E	N	E	E	C	H	M	C
J	R	A	U	P	C	R	S	B	U	C	K	W	H	E	A	T
A	D	I	I	K	B	A	R	L	E	Y	S	Y	I	R	N	U
R	A	D	N	O	I	N	A	A	L	F	P	Z	N	E	A	O
S	E	E	O	S	P	T	W	C	S	R	S	W	E	B	E	R
E	F	B	A	G	E	H	I	K	L	A	P	H	S	T	O	P
Z	P	R	L	R	A	M	U	E	I	E	R	N	E	D	E	S
I	L	O	C	C	O	R	B	Y	T	C	O	A	C	R	I	R
B	S	W	A	M	Y	U	V	E	B	B	U	X	A	J	H	E
L	E	N	T	I	L	S	Q	D	H	O	T	D	B	G	P	V
E	M	M	V	E	I	O	R	P	E	B	I	V	B	K	O	O
I	Q	U	I	W	D	U	L	E	T	S	N	O	A	V	J	L
G	C	S	N	O	S	P	R	A	H	O	G	A	G	F	K	C
F	E	T	E	G	A	R	M	S	E	A	F	V	E	Z	U	K
R	A	A	D	E	B	G	G	A	R	B	A	N	Z	O	S	Y
E	A	R	N	C	D	E	R	O	W	F	U	Q	U	I	R	L
T	P	D	D	V	Z	S	A	P	E	G	W	H	I	T	S	W
A	M	O	R	Q	U	B	T	N	R	E	V	O	S	B	F	I
W	H	E	A	T	S	G	R	E	E	N	P	E	A	T	M	S
N	V	Q	I	U	N	Z	E	M	A	J	C	H	I	L	O	P
O	I	K	N	S	E	K	U	R	A	T	T	S	W	I	R	L

ADZUKI
ALFALFA
BARLEY
BLACK EYED PEAS
BROWN MUSTARD
BUCKWHEAT
CHINESE CABBAGE
CLOVER SPROUT

DRAIN
FENUGREEK
EAT
GARBANZO
GREEN PEA
JARS
LENTIL
LIDS

MUNG BEAN
QUINOA
RADISH
RINSE
SEEDS
SPROUTING
SWIRL
WHEAT